DESDAIRLIFT Ch

Vol. 43, No. 39 437th Airlift Wing, Charleston AFB, SC Friday, October 8, 2004

SAFETY FIRST

"The Charleston Way"
means a safe way
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PREPARATION

Base readies for wing change of command Page 5

NEW DORMS

Ground breaking for 4room concept dormitory

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SUPERSTARS

Family members shine during talent show



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Off we go ...

Team Charleston members board the "Spirit of the Air Force" C-17 to depart for the base's mobility exercise Tuesday. More than 320 base Airmen deployed to Savannah, Ga., along with Airmen from several other bases to prepare for the Air Mobility Command Inspector General's Expeditionary Operational Readiness Inspection in April.

Team Charleston: One family, one mission, one fight!



Mobility exercise

Everyone deserves a big pat on the back after this week's mobility exercise! I know many of you worked long hours to get the job done and those hours paid off. The exercise was truly a great learning experience and will undoubtedly help prepare us for the Expeditionary Operational Readiness Inspection next year, as well as any real-world operations. I hope you were able to take away some good lessons learned that we can use for future deployments. Overall, a job well done!

Outstanding Airmen

Congratulations to this month's Diamond Sharp award winners! These Airmen exemplify the true spirit of the Air Force and set an excellent example for others. Keep up the good work! The winners are: Senior Airman Andrew Rosenbaum, 437th Maintenance Squadron; Senior Airman Candice Reffitt, 437th Medical Group; Airman 1st Class Jarrod Miller, 437th Security

Safety emphasis item

Six factors are most common in industrial accidents: ignorance, daring behavior, poor work habits, unapproved shortcuts, lack of emotional control and physical failure and fatigue. A workplace safety pocket guide states, "There are plenty of federal and state laws that spell out health and safety practices for the workplace, but actual 'responseability' for these safe practices belongs to individuals - to you. Accept your ability and obligation to respond to the health and safety aspects of your job."



Col. Brooks Bash, 437th Airlift Wing commander, presents Airman 1st Class Christopher Parker, 437th Aerial Port Squadron air transportation specialist, with another stripe at the October promotion ceremony.

Forces Squadron; Airman 1st Class Richard Hartzell II, 437th Comptroller Squadron; Airman 1st Class Deolinda Lindley, 437th Aerial Port Squadron.

Commander's Calls

Be sure to mark your calendars for my Commander's Calls next week. At the end of each briefing there will be an opportunity to ask me questions, so come prepared with any issues you may have that you would like to address. For more information on times and locations, please see Page 15.

Safety

Continue to keep safety in mind in everything you do, especially during this three-day weekend. If your weekend plans involve alcohol, remember to drink responsibly and have a designated driver. If you plan on driving out of town, ensure you are well rested and don't overdo it. Always think safety and enjoy your well deserved time off!

Action line: Crew chief goes out of way to help visitors

Q: Last weekend my wife and I arrived in Summerville on our way to visit our son at the Navy Base. We had not seen him since he enlisted and were looking forward to our visit. We found ourselves very confused about the location of the base and a couple overheard us asking for directions and offered to take us to the exact place we were supposed to meet him. The couple told us to follow them and we were surprised at how far it was. It was obviously way out of their way. The gentleman told me he

was a crew chief on a C-17. After the couple drove off, I was embarrassed I had not asked their names or introduced myself. My wife and I really appreciate the thoughtfulness of the people who helped us. They reflect well on your command and the Air Force.

A: I would like to take this opportunity to thank you for recognizing our troop! There is nothing better than being able to publicly recognize Airman who go out of their way to be both great mechanics and great citizens. We have more than 1,200 maintainers, both active and Reserve, supporting Charleston's mission, hopefully we can find who assisted you and render the deserving thanks. Again, I would like to thank you for bringing this good deed to our attention, so we may pass it on to our crew chief. Also, give your son our thanks for serving our country.

- Col. Brooks Bash

437 AW commander

437AW.action@charleston.af.mil or call 963-5581

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Airlift Wing Public Affairs Office, Bldg. 1600, Rm. 224. Phone: (843) 963-5608, Fax: (843) 963-5604 Mail to: 437 AW PAI 102 Fast Hill Blvd Charleston AFB, SC 29404-5154 E-mail to: airlift.dispatch@charleston.af.mil

Editorial staff

437 AW Commander: Col. Brooks Bash Chief, Public Affairs: Capt. Gina Jackson Airlift Dispatch Editor: Staff Sgt. Jennifer Arredondo Staff writers: Airman Sam Hymas Photo and graphic support provided by 437th CS Visual Informa-

'The Charleston Way' is a high standard of safety

By Maj Steve Bruce 437 AW Safety chief

As the chief of wing safety, I spend a lot of time listening to people and reading about their safety concerns. Recently I administered a survey and I am reviewing the results.

Some respondents to the survey wrote they saw unsafe acts committed in order for someone to get their work accomplished quickly. It seems to imply some folks accept a lower standard of safety, with a higher risk for mishap and injury in order to get the job done.

I believe the vast majority of folks out there do things correctly, and only a small percentage of people do not. Despite recent mishaps, a small percentage of people continue to cut corners. We should strive to adopt "The Charleston Way" in everything we do. By that I mean we should set a high standard for safety in our daily operations and accept nothing less.

To that goal, wing safety launched two initiatives to try to increase a safety focus in our work centers and on the flightline. To use a familiar term, wing safety is in a "surge" mode. We are on 24-hour operations, with a safety representative visiting workcenters around the clock in addition to a mishap response team on call 24 hoursa-day. We also started a wing safety augmentee program. One person from within the wing spends a week with wing safety, gathering current safety information, which is applicable to their workcenters. These individuals will also infuse their own ideas to help continue making our base a safer place to live and work.

The following was written by the first augmentee, 1st Lt. Curt Hasse from the 14th Airlift Squadron.

"AMC is on pace to set a dubious and distress-

worth repeating

'The Charleston Way' will be most successful when safety is the first thought we have before we start a flight, repair or procedure."



Maj. Steve Bruce 437th Airlift Wing Safety chief

ing record in October — 22 active duty fatalities are projected by the end of the fiscal year, a number surpassed only by 1993 totals (24 deaths). AMC, which turned 12 this past June, averages roughly 17 deaths per year. The historical model of mishaps reads like a sine wave — there are natural peaks and valleys. We are at a peak, and while it may be dismissed as a statistical peak by some, it should not be accepted by anyone. I have been fortunate enough for the last week to work with wing safety in an effort to kick-start a new program designed to reemphasize positive attitudes about safety and to take a look at how we are operating. The program will affect everyone - operators, maintainers and support staff alike - and it is ours to develop.

Operators, maintainers and support personnel will shape it over the coming weeks. Specifically, the program will require one member from the 437th Operations Group 437th Maintenance Group or 437th Support Group to work in the wing safety office for one week at a time. The individual will write articles, develop safety read file items, review Air Mobility Command Form 97, In-Flight Emergency and Unusual Occurrence Worksheets, attend Mission Update Meetings with senior commanders, perform flightline inspections and provide recommendations at the end of the week. The three groups — operators, maintainers and supporters — will rotate on a three-week cycle. Pilots with two months of experience are already participating. Aircraft commanders will participate. Five and seven-level maintainers will participate along with aerial port personnel. In other words, those who are pushing the mission are going to provide a direct link between the wing and the squadron.

The intent of this initiative is not to have wing-mandated safety shoved down our throats. Furthermore, it is ridiculous to think safety programs are designed to lower the number of deaths. The fact is we operate very safely most fatalities occur off duty. But, it is not just the fatalities concerning the leadership now, but rather the trend toward accepting unnecessary risks on things like local sorties and routine maintenance. The wartime culture is a fast-paced one that may lend itself to taking shortcuts, and this program is designed to remind us we need to slow down. If aircrew members or maintenance personnel are jeopardizing safety to meet an on-time takeoff, the message I would like to send from my week here is safety is far more important to the commanders. Those that help out with this program will see it first-hand and can take this message back to their squadrons."

"The Charleston Way" will be most successful when safety is the first thought we have before we start a flight, repair or procedure. It takes support from everyone, and it benefits everyone. If you would like to be a part of this augmentee program and share your perspective to make the safety program at Charleston AFB better, please call Maj. Bruce at x5606.

Warning: too much ice cream can be hazardous to your health

By Tech. Sgt. Ben Gonzales 437 AW Public Affairs

Danger: taking this product greatly increases serious risks to your health. From my perspective, every food and drink item should have a surgeon general's warning on it. Let's be real; if each of us were to indulge in our favorite food as much as we wanted too, we all would be as big as houses.

Eating right and exercising go hand in hand if people want to lose weight and keep it off.

Believe me, I speak from experience. Not too long ago, I had a spare tire someplace other than my vehicle. I should have bought stock in Ben & Jerry's because I was eating strawberry ice cream like it was going out of style.

I used to worry when I'd go to eat that second (or third or fourth) donut a coworker brought into the office, a cop would show up and scream into his blow horn, "Put the donut down and step away from the munchies!"

My weight and waist kept going up and up, while my self esteem and energy level went lower and lower. I maxed out at 235 pounds, well beyond Air Force standards for a man my height. I knew something had to change when I was busting out of my clothes and my buddies started calling me "Jabba."

Is too much of anything a bad thing? In a word, yes.

Initially my goal was to get to 210 (the most weight allowed for my height) by exercising and cutting my sugar intake. At first, I thought I was going to die. One of the first times I went to the gym I rode the bike real hard and almost blacked out. Thankfully, a guy noticed how pale I was and helped me off the bike and even got me some water.

I was off to a dangerous and pretty unsafe start and I was starving to death. Well not really, but my appetite was still there and the ice cream cried out to me from my freezer.

To win this battle of the bulge was going to be tougher than I thought. Regular exercise and proper portions of food was my way to success. I'm not into fad diets or diet pills. I even got the measuring cups out and closely monitored how much is a correct portion. Can you believe the proper portion of ice cream is not a half gallon? To shock yourself, for dinner

tonight measure out the "proper" portions for your meal and see how empty your plate is.

In no time at all the pounds fell off my frame. I could go up a couple levels of stairs and not be winded. I checked the scale all the time to make sure I was making progress and the numbers kept shrinking as my smile continued to widen. This morning, the scale read 189 and that number is fine. If I hadn't watched what I ate and exercised, my weight would have never fallen off.

Yes, I do indulge in my favorite snack, just not as I used to. Losing weight and getting fit is not too difficult and truly benefits your life. Next time you read a warning label, don't just shrug it off. Understand it is written for a purpose.

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By Tech. Sgt. Ben Gonzales

437 AW Public Affairs

Team Charleston officials are busy preparing for the 437th Airlift Wing change-of-command ceremony scheduled to be held at 10 a.m. Oct. 19 in Nose Dock 2.

Lt. Gen. William Welser III, 18th Air Force commander, will preside over the ceremony as Col. Brooks Bash passes command of the 437 AW to Col. Susan Desjardins, currently the executive officer to the commander, U.S. Transportation Command and commander, Air Mobility Command in Scott AFB, Ill.

Colonel Bash has been selected for promotion to brigadier general and will become the 15th Expeditionary Mobility Task Force commander at Travis AFB, Calif.

"Members throughout the 437th are working hard to make this change-of-command ceremony a first-class event," said Maj. Tara mander and change of command project of-Morrison, 437th Contracting Squadron comficer. "We want to showcase the best of the



437th Airlift Wing and demonstrate why we are the Air Force's premiere airlift wing."

Nose Dock 2 will be prepared to hold hundreds of Team Charleston members and guests to watch the ceremony, which is rich in military tradition. Representatives of each group and squadron under the 437 AW will stand in formation during the ceremony with a C-17 as the backdrop. Wing members have scheduled a number of practices to ensure the ceremony will run smoothly.

Military and civic leaders throughout the Charleston area will be in attendance. Many honorary commanders will be on hand to witness the ceremonial passing of command.

During the ceremony, Colonel Bash will make a final inspection of the troops prior to passing the 437 AW flag to Colonel Desjardins.

Team Charleston is having a farewell dinner for Colonel and Mrs. MaryBeth Bash Oct. 15 at the Charleston Club. To RSVP for the dinner, contact Capt. Michael King at 963-3662.

APS wins National Defense **Transportation Award**

By Staff Sgt. Jennifer Arredondo and quality of life programs. 437 AW Public Affairs

The 437th Aerial Port Squadron recently received the award as the Outstanding Military Unit of the Year for 2003 at the National Defense Transportation Association annual forum held in Milwaukee, Wis.

"We were selected, in NDTA's opinion, as the best transportation organization in the active duty Air Force," said Lt. Col. Christopher Pike, 437 APS commander since June 2004.

"The NDTA is a group of transportation professionals who get together to discuss transportation issues," said Ronald Westall, Chief, Ouality and Small Terminal Logistics, Combat Readiness and Resources Flight, 437 APS.

"Even though the military and civilian transportation sectors have a free flow of ideas between the two, the NDTA gives members a chance to come together and share ideas of how to make the transportation process better," Mr. Westall said.

The competition for the annual award was based on direct mission support, innovative management

Charleston, which is now the busiest air transportation hub in the Air Force, was competing with all other Air Force transportation facilities for this honor.

"The NDTA recognized the contribution the 437 APS has made in the War on Terrorism," Mr. Westall

"We had a phenomenal increase in workload during 2003," Colonel

In February 2003 the APS assumed—literally overnight—the entire air cargo workload from Dover AFB, Del., due to the collapse of Dover's terminal roof following a heavy snowfall. Within 48 hours, the 437 APS had taken over Dover's airlift channel responsibilities.

Shortly after, Operation Iraqi Freedom kicked off, and within a couple of months, new channels were originating at Charleston to sustain the forces in Iraq.

"At the same time we were supporting Dover, we were supporting Operation Iraqi Freedom," Colonel Pike said.

The 437 APS was able to move more than 157,000 tons of cargo during this time in support of OIF,



Senior Airman Kenneth Rad, 437th Aerial Port Squadron, restrains a pallet with cargo netting on the flightline.

and because of this feat, was dubbed "AMC's newest super port," according to Lt. Col. Kevin Brewer, former 437 APS commander.

Over time, most of Dover's original workload migrated back to Dover, but Charleston has maintained responsibility for the airlift channel to Iraq.

"We currently manage the largest airlift channel in the world, yet we are exceeding every Air Mobility Command performance statistic," said Colonel Pike.

While continuing to support the War on Terror, the squadron has also kept up with their normal taskings.

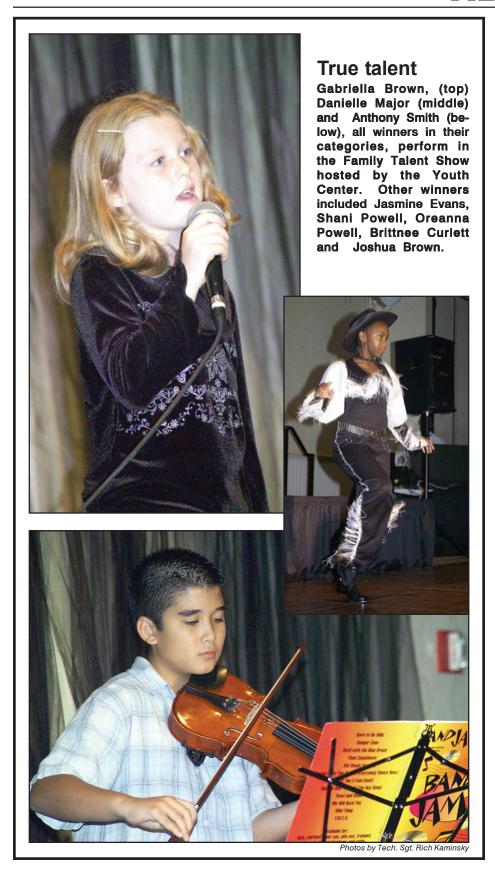
"We continue to support the Air Expeditionary Force. We just returned approximately 150 individuals from AEF's 9 and 10," Colonel Pike said.

The achievement of the squadron is not just the achievement of a few, there were many involved with Charleston receiving the

"We have a total force," Mr. Westall said. "We have guard, Reserve, active duty, civilian, and emergency hire civilian. This award would not be possible without the help of all these folks."

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NEWS



DUI/DWI Statistics

Last incident: 14 days **2004 total:** 17 **2003 total:** 18

Members receiving a Driving Under the Influence must report to the wing commander the following duty day in full service dress accompanied by their supervisor, first sergeant and squadron commander.

963-0437

53 saves this year

Charleston AFB's Airmen **Against Drunk Driving offers** free, confidential rides home.

Construction to begin on new dorm

By Airman Sam Hymas

437 AW Public Affairs

A ground breaking ceremony will be held Oct. 18 at the site of a new dormitory for Airmen which will be built across from Bldg. 460 in the place of what is now Scott

The ceremony, which begins at 1 p.m., will feature comments by Col. Brooks Bash, 437th Airlift Wing commander, and Navy Lt. Cmdr. Michelle LaDuka, Charleston Naval Weapons Station resident officer in charge of construc-

The \$9.6 million facility will accommodate 108 Airmen and is designed to the new Air Force standard of larger four-room suites.

This design provides a larger living and sleeping area and a private bathroom. The new design connects four living and sleeping areas to a large living room and kitchen with washer and dryer access.

The new dorm construction contract is being administered

by the Naval Facilities Engineering Command Southern Division, which the Air Force uses for all military contracting work, according to Navy Lt. Joe Huggins, deputy resident officer in charge of construction. Lt Huggins will handle the daily responsibilities of construction inspection and contract administration.

The dormitory will be constructed under the design-build concept where one contractor, The Korte Co. of Highland, Il., designs and builds the building, allowing them to start the initial phases of construction before the design is finished.

Currently the civil and structural drawings are finished and the plumbing, mechanical, electrical and fire protection designs are 35 percent complete. The rest of the design will be completed while work progresses at the site.

It's a very economical and efficient way for the government to get things done," said Lt. Huggins.

Scott Street will be closed permanently beginning Wednesday.

New Area Defense Counsel at CAFB

By 2nd Lt. Kristy Miller

437 AW Public Affairs

Charleston AFB recently named Capt. Matthew Hoyer the new Area Defense Counsel.

Captain Hoyer, previously the 437th Airlift Wing's Chief of Civil Law, is now responsible for representing active duty and some Air Force Reserve members facing military justice actions.

"My charter allows me to represent Air Force members facing courts-martial, article 15s, letters of reprimand, letters of counseling, referral (Officer Per-

Regarding reservists, Captain Hoyer said he represents guardsmen only on Title 10 (federal) orders.

"I represent Category A reservists for all actions except discharges, which are handled by (Air Force Reserve Command) at Robins AFB, Ga.," he said.

All defense counsel fall under

the Air Force Legal Services Agency at Bolling AFB, Washington, D.C., Captain Hoyer said. This enables these offices to remain free and independent of the chains of command at the installations they serve.

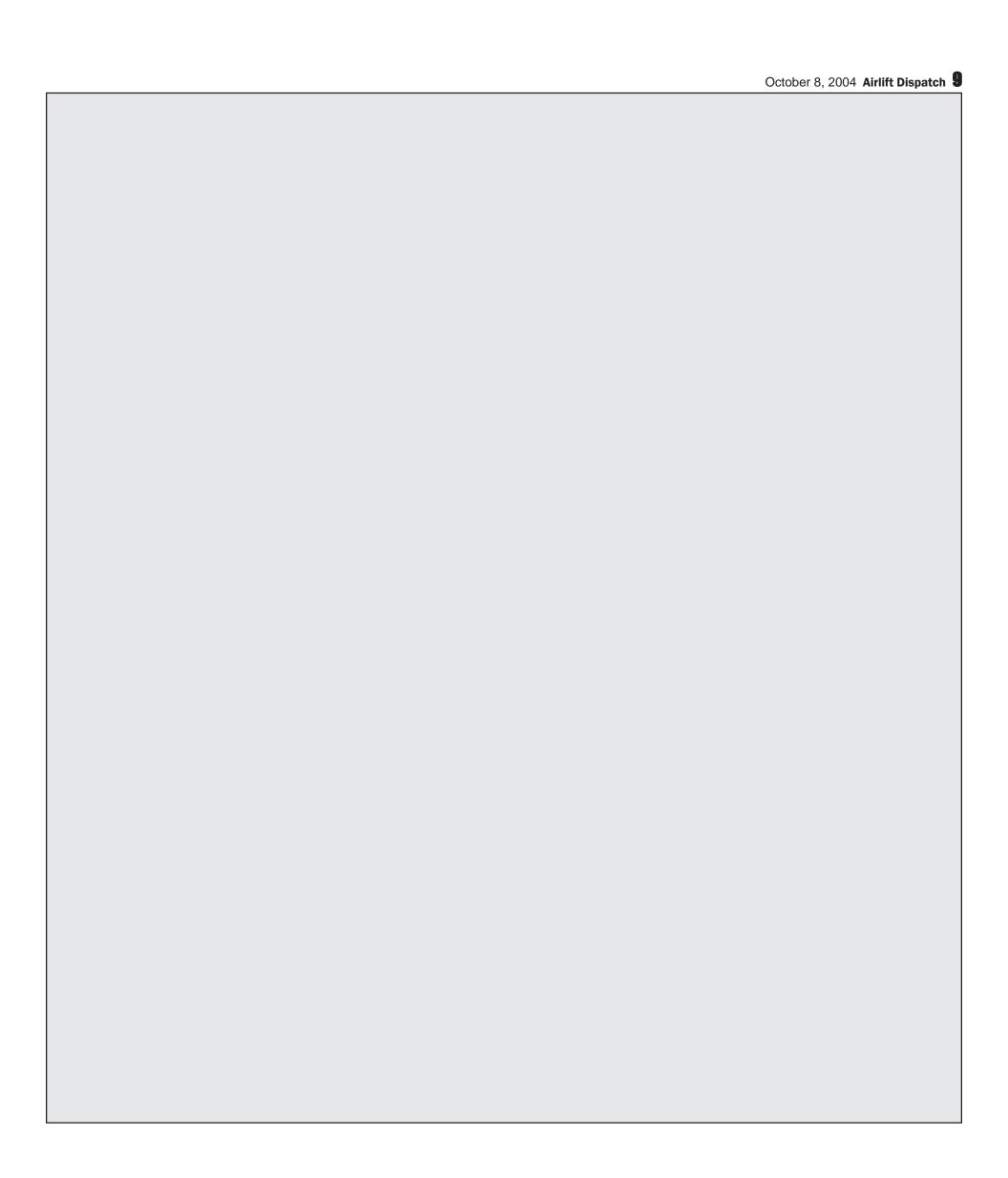
All communications with clients are protected by attorneyclient privilege, Captain Hoyer said. None of this information can be disclosed to anyone else.

"If for some reason, there is a conflict concerning your case, I will obtain counsel for you from another base," he said. "Please know that you always have the formance Reports) and (Enlisted right to consult with a military Performance Reports) and other attorney and no reprisals may be adverse actions," Captain Hoyer taken against you for talking to an attorney.

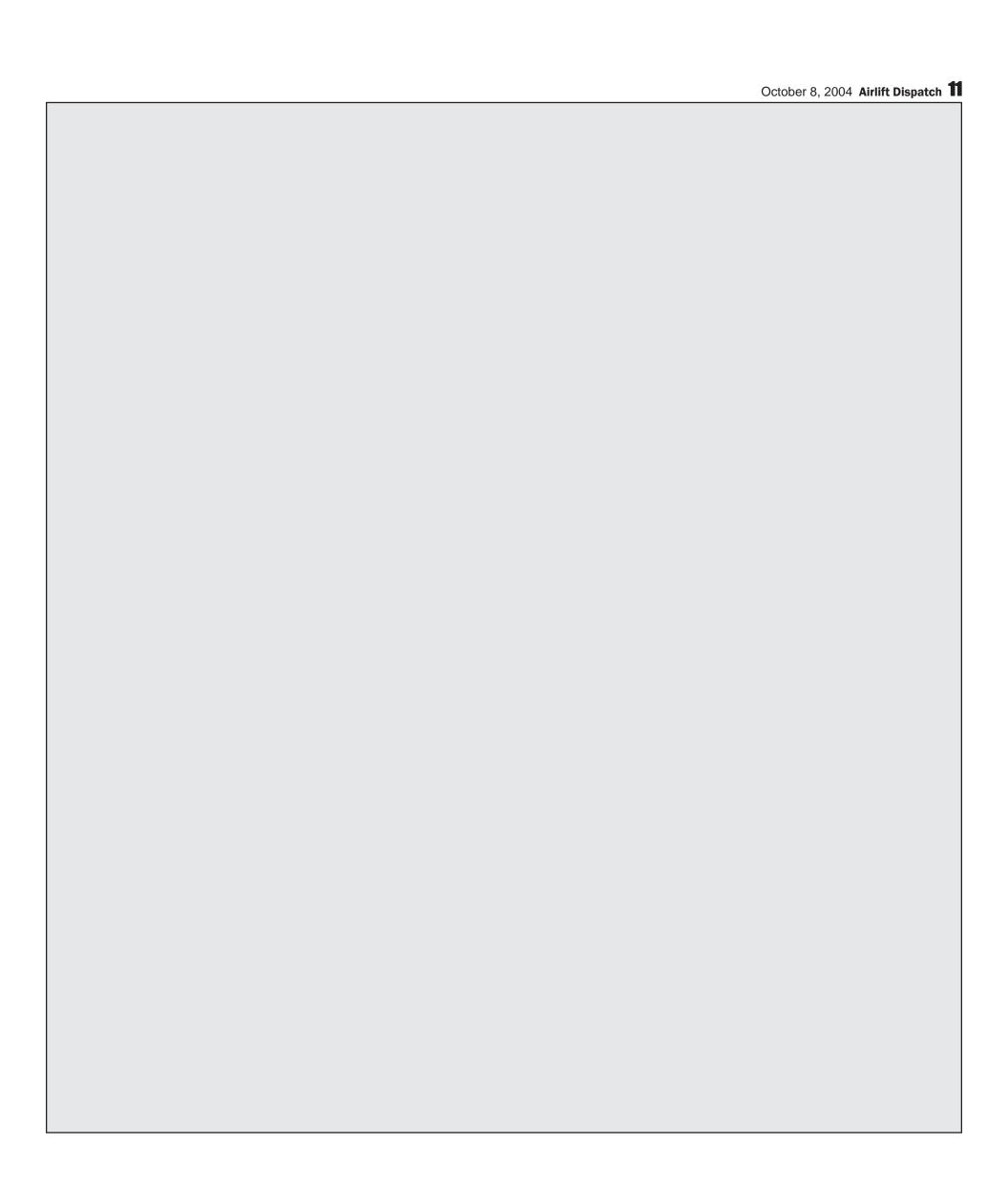
> Captain Hoyer said he expects to remain the Area Defense Counsel here for the next 18 to 24 months.

> The Area Defense Counsel's office is located in building 503, room 119, and is open from 8 a.m. to 5 p.m. Monday through Friday. The phone number is 963-4417.

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FEATURE

Putting the blue back in Air Force blue

By Tech. Sgt. Brandy Alexander 437th Medical Group

o often we hear the problem with today's Air Force is the Airmen we are recruiting each year, when in fact the Airmen of today aren't much different from the airmen we were, five, 10 and 20 years ago.

Basic training recruits have not changed; it's the Airmen and NCOs who have been in for five to 10 years who have changed. Each year many supervisors slip further and further into voids of complacency and do not mentor our young Airmen the way we are charged to. The Enlisted Force Structure states that "NCOs must consider the professional development of their subordinates as a primary responsibility."

How can today's supervisors effectively mentor their subordinates professional development when they haven't done so in their own careers? The keys to being and becoming a successful Airman or NCO are easy when applied correctly.

Have a five-year plan

Your career is an investment. Each of us is in the military for a different reason, however we should all be looking at our future. Every Airman and NCO should have at least a five-year career plan at all times. NCOs should not only develop their own career plan, but should encourage and facilitate the same for their Airmen - outline their goals and then help them to achieve those goals. Everyone should set milestones and then set out to meet them.

As soon as you PCS, you should be looking to your next assignment, as soon as you sew on your next stripe, plan for the next promotion. This is your career; only you can make it happen. Your supervisors, career field functional managers, chiefs and first sergeants are here to provide you with guidance, but it is ultimately your responsibility. Reach out and seek their guidance and then move in the direction of your goals.

Recognition

Thank your people and recognize their contributions to the mission. Take time out to thank your troops, coworkers and supervisors for a job well done. Put your troops in for monthly, quarterly and annual awards as well as flight and squadron level recognition when deserved. You will be amazed at how many of our Air Force troops don't ever get a simple "thank you" for what they do every day for our country and the mission.

Being recognized by and in front of your peers is incredibly motivating and can make the difference in a members career — both personally and professionally. When your troops do a good job, it is a direct reflection of your hard work and dedication to their development.



Graphic by Sean Erbe

Do the right thing

Always remember our core values in everything you do. You must always be accountable for your actions, and hold those you serve with accountable for theirs. Don't be afraid to correct inappropriate behavior and provide guidance to your peers and subordinates. We are charged to uphold and follow Air Force regulations and instructions. Every uniformed servicemember went to basic training. We were all taught the "do's and don'ts" of the Air Force. Each of us is charged with representing the United States and its military. Our mere image should reflect nothing less then excellence, every day. Know the regulations, use and understand your technical orders and don't be afraid to step up and enforce them.

Be proud of what you represent

Only 5 percent of Americans born today will ever wear a military uniform and serve their country, according to Chief Master Sgt. Rodney Ellison, Air Combat Command command chief master sergeant. Whether you joined the Air Force for four years or are planning a 30-year career, carry yourself with professionalism every day. Leave home at home, and be a professional at work. Never let your troops see you sweat the small stuff.

You are a member of the United States military. The Air Force is not a job; it is a way of life and your military career is just that, "your career." If you want to be promoted, you need to study. You need to learn your trade and carry yourself like a professional. Air Force Instruction 36-2618 states NCOs "represent the Air Force NCO corps to all with whom they come in contact. Personal integrity, loyalty, leadership, dedication

and devotion to duty must remain above reproach ... the NCO should, by word and example, epitomize the Air Force as a profession and a way of life for the military and civilian communities."

Not everyone in the Air Force is a "fire wall five." Be honest with your subordinates, both in their counseling feedback sessions and performance evaluations.

Not everyone can be No. 1, but it is our job as NCOs to train, mentor and give our troops the tools and guidance to become No.1 if they choose to. But we must first carry ourselves as dedicated professionals, subject matter experts and dedicated Airmen. Whether it is you or your troops, look at your end goal. If you don't have an end goal yet, look at your next five-years. You need to know how you are going to get there. Then sit down, set-up your milestones, ask for guidance, and then make it happen. There are blocks to fill for each rank. If you are unsure what they are, seek out guidance on what they are and what you need to do to fill each of them.

You will only be here for a short time. Your Airmen will one day be leading our Air Force, our NCOs of today will be senior NCOs and chiefs, and our Airmen will be our NCOs and first-line supervisors Make your time here excellent, and train your troops to take over and continue that excellence. Your work and your career is a direct reflection of you. Your hard work will keep our Air Force great and keep our young Airmen motivated.

Remember your roots. We all came out of basic training Air Force blue, but many have forgotten that feeling. We have the best weapons systems, intelligence and training in the world, but we are the greatest Air Force because of our people.

Judge advocate general steps down

WASHINGTON — The Air Force's top lawyer was granted a request to be relieved from his duties until an inspector general investigation about certain activities is resolved.

On Sept. 22, Secretary of the Air Force Dr. James G. Roche and the Air Force Chief of Staff Gen. John P. Jumper approved a request by Air Force Judge Advocate General Maj. Gen. Thomas J. Fiscus to be temporarily relieved from his duties pending resolution of the ongoing Air Force inspector general investigation.

"The Air Force inspector general's office is working diligently to complete the investigation," said Air Force spokesman Col. Dewey Ford.

During the absence of General Fiscus, the deputy judge advocate general, Maj. Gen. Jack L. Rives, will perform the duties of the judge advocate general.

"The inspector general is working to complete the investigation as quickly and thoroughly as possible, while respecting the rights of the parties involved," General Rives said.

"One of our great strengths as a corps is our commitment to do the right thing," General Rives said. "The right thing to do now is to give time-tested and fair processes an opportunity to work a resolution."

Recruiter guilty in murder-for-hire plot

LACKLAND AIR FORCE **BASE, Texas** — After a twoweek general court-martial, Tech. Sgt. Rodney Wells was found guilty Oct. 1 of conspiracy to commit murder and attempted conspiracy to commit murder.

Sergeant Wells was also found not guilty of a third charge, which included three specifications of solicitation to commit murder and one specification to engage in prostitution.

The court-martial panel, which consisted of five officers, sentenced Sergeant Wells to demotion to airman basic, forfeiture of all pay and allowances, confinement for 10 years and a dishonorable discharge.

Named the Air Force's top recruiter for 2001 and 2002, Sergeant Wells was connected with the complex murder-for-hire plot in November 2003. He has been in pretrial confinement here since February.

DOD expands vaccine programs

WASHINGTON — The Department of Defense is expanding its anthrax and smallpox immunization programs following an evaluation conducted by the Military Health System. Air Force officials released service-specific guidance recently.

Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs, announced that the anthrax and smallpox vaccination programs would include selected units within U.S. Pacific Command, people in U.S. Central Command and other selected groups.

"The decision to protect additional personnel with these vaccines reflects our concern for their health and safety, as well as the continuity of essential operations," Dr. Winkenwerder said.

Currently, only people deemed to be at higher risk in specified units and/or geographic areas will receive the vaccines. Officials did not rule out vaccination of the total force at a future date.

Air Force immunizations under the policy update will begin as soon as units schedule vaccinations. For more information, visit the Commanders' C-CBRNE Resource secure Web site at https://www.xo.hq.af.mil/ xos/xosf/xosfc/

CCBRNE_resource/ index.shtml.

Air Force revises CJR 'wait list'

RANDOLPH AIR FORCE **BASE, Texas** - The Air Force has revised the career job reservation list in an effort to meet end strength goals under Force Shaping.

While five new Air Force specialties have been identified as constrained, another six have been released from the list. All constrained Air Force Specialty Codes receive

quotas; have a rank order wait list established, and all firstterm Airmen will need to apply within the appropriate CJR application windows.

"All first-term Airmen must have an approved career job reservation prior to reenlisting in the Air Force," said Master Sgt. Dee Wolfe, noncommissioned officerin-charge of Air Force Reenlistments at the Air Force Personnel Center here. "That job reservation may now be a little bit harder to get depending on their specialty.

Limiting CJRs is the lat-

est in a series of Air Force initiatives to ensure the service keeps people only where they are needed.

Only first-term Airmen selected for reenlistment by their commander under the Selective Reenlistment Program will be allowed to apply for a CJR.

For further information and a complete list of constrained AFSCs, please contact the local Military Personnel Flight's reenlistment office or visit the CJR website at http://www.afpc.randolph .af.mil/enlskills/Reenlistments/CJR.htm



Fire prevention week

Photo by Airman Sam Hymas

Airman 1st Class Chris Petersen. 437th Civil Engineer Squadron fire fighter. completes training at the base fire department Monday. National Fire Prevention Week is this week and base fire deptartment officials remind Team Charleston to check their fire alarms and take fire safety precautions.

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Commander's Call: Wing Commander's Calls are scheduled as follows:

Civilian Commander's Call will be held at 1:30 p.m. Oct 12 at the Base Theater.

Enlisted Commander's Call will be held at 7:30 a.m. and 1:30 p.m. Oct. 13 at the Base Theater.

Officer Commander's Call will be held at 7:30 a.m. Oct 15 at the Charleston Club.

Wing Pride Day: All day Thursday is set aside for Team Charleston to show extra pride by cleaning up the exteriors of their facilities. For more information, contact Tech. Sgt. Kevin Henderson at 963-2361.

Around the base

Financial peace class: Learn principles to get out of debt and save money. The first class will be held at 6:30 p.m. Tuesday at the Chapel Annex. For more information, contact the base chapel at 963-2536.

Common sense parenting class: The Family Advocacy Program will of-

The Family Advocacy Program will offer a free six-session parenting class. This class will start this Tuesday and meet for six consecutive Tuesdays from 6:30 to 8:30 p.m. To register, contact Jim Hernandez at 963-6504.

Leadership 101: Company Grade Officers Council hosts Leadership 101, for company grade officers and technical sergeants and above, from 11 a.m. to 12 p.m. October 15 at the Charleston Club. For more information or to sign-up, e-mail Capt. William McDowell at william.mcdowell2 @charleston.af.mil. Reservations must be received no later than Tuesday.

Hispanic Heritage Month: The Charleston Hispanic Council hosts a dinner and dance from 6 to 11 p.m. Oct. 16 at the Charleston Club. Tickets are \$20 for club members and \$22 for nonmembers. For more information contact Staff Sgt. Lynetta Williams at 963-3655.

RAO position: The Retiree Activities Office is looking for a new director. Anyone interested in the position can call Lt. Col. David Peaire at 963-5626.

Volunteers needed: The $437^{\rm th}$ Security Forces Squadron is looking for volunteers to work security for the

Charleston Warrior of the Week 🗱 🗱 😕



Photo by Airman Sam Hymas

Senior Airman Jessica Powell

437th Logistics Readiness Squadron

Senior Airman Jessica Powell is an supply material management journeyman for the 437th Logistics Readiness Squadron parts store.

Her primary duties include processing priority aircraft parts issue requests, processing parts back orders for mission-capable requirements and coordinating data for aircraft parts between supply, maintenance and the regional supply squadron.

"The variety of people that I get to work with is the thing I like best about my job," said Airman Powell.

The Rocky Mount, N.C., native joined the Air Force more than three years ago for the educational opportunities and to travel the world.

Airman Powell's future goals are to complete her Community College of the Air Force degree and to get her bachelor's degree in mass communications.

"I would like to work in radio broadcasting and one day own a radio station," said Airman Powell.

She volunteers with the United Way's Big Brother Big Sister program, Habitat for Humanity, the Salvation Army and other local community efforts.

"If there is anything that Team Charleston has encouraged me to do, it's to stay involved with the community and always give back," said Airman Powell.

"Airman Powell's show of initiative to start new projects is what sets her above her peers," said Staff Sgt. Andre Blake, 437 LRS demand processing clerk.

Darlington NASCAR race Nov. 12-14.

Family members and friends, at least 18 years old, are welcome. Volunteers need to respond by Oct. 28. For more information contact Staff Sgt. Holman at 936-3627 or e-mail at robert.holman2 @charleston.af.mil.

AFSA: Chapter 306 of the Air Force Sergeants Association will hold its monthly meeting at 11 a.m. Oct. 12 at the Charleston Club. For more information, call Chief Master Sgt. John Danko at 963-5324 or visit http://afsa306.org.

Crime prevention: The 437th Security Forces Squadron is looking for volunteers to serve as walking patrols Halloween night. If you are interested, contact Percy Thompson or Staff Sgt. Mark Furtado at 953-2159.

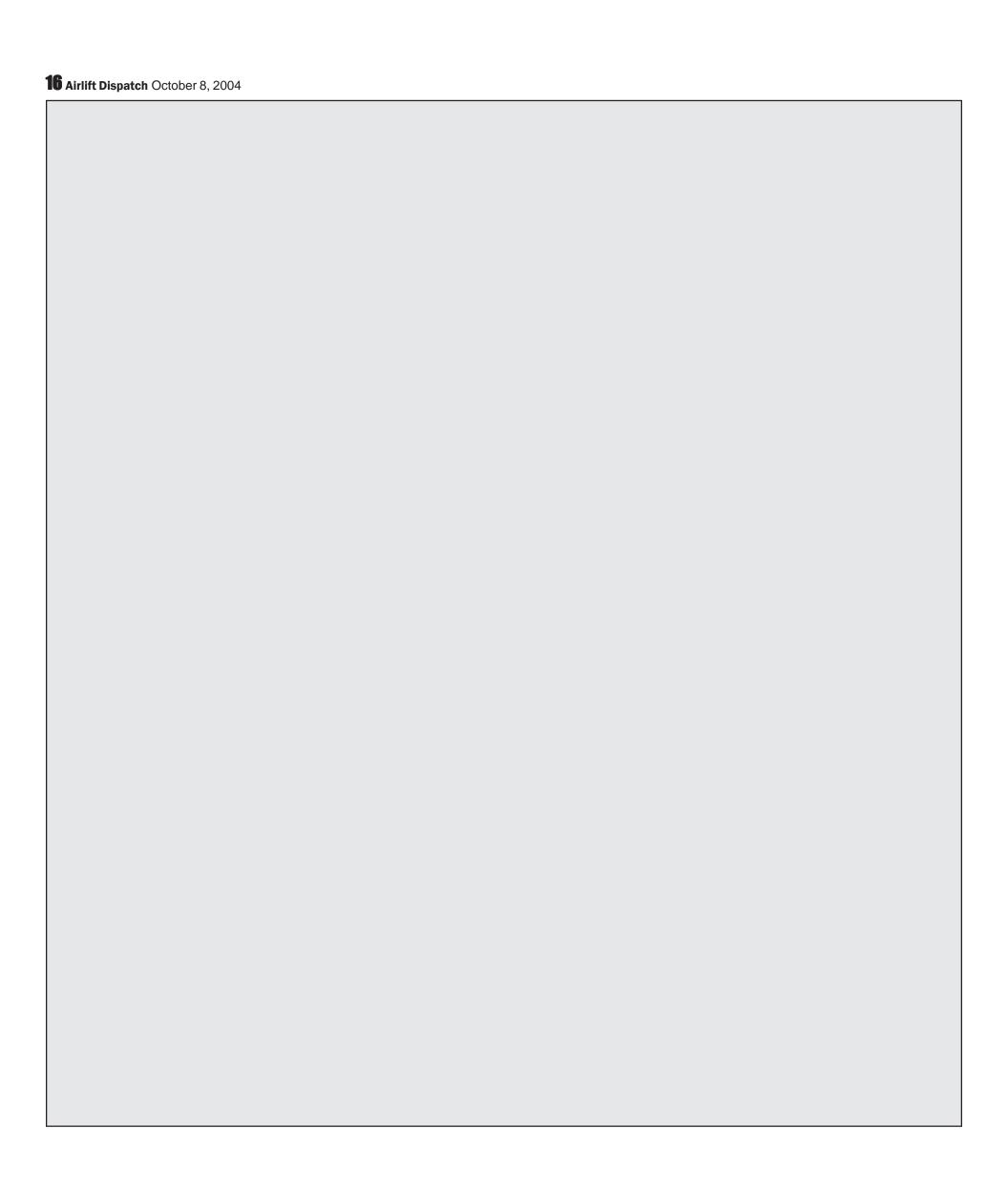


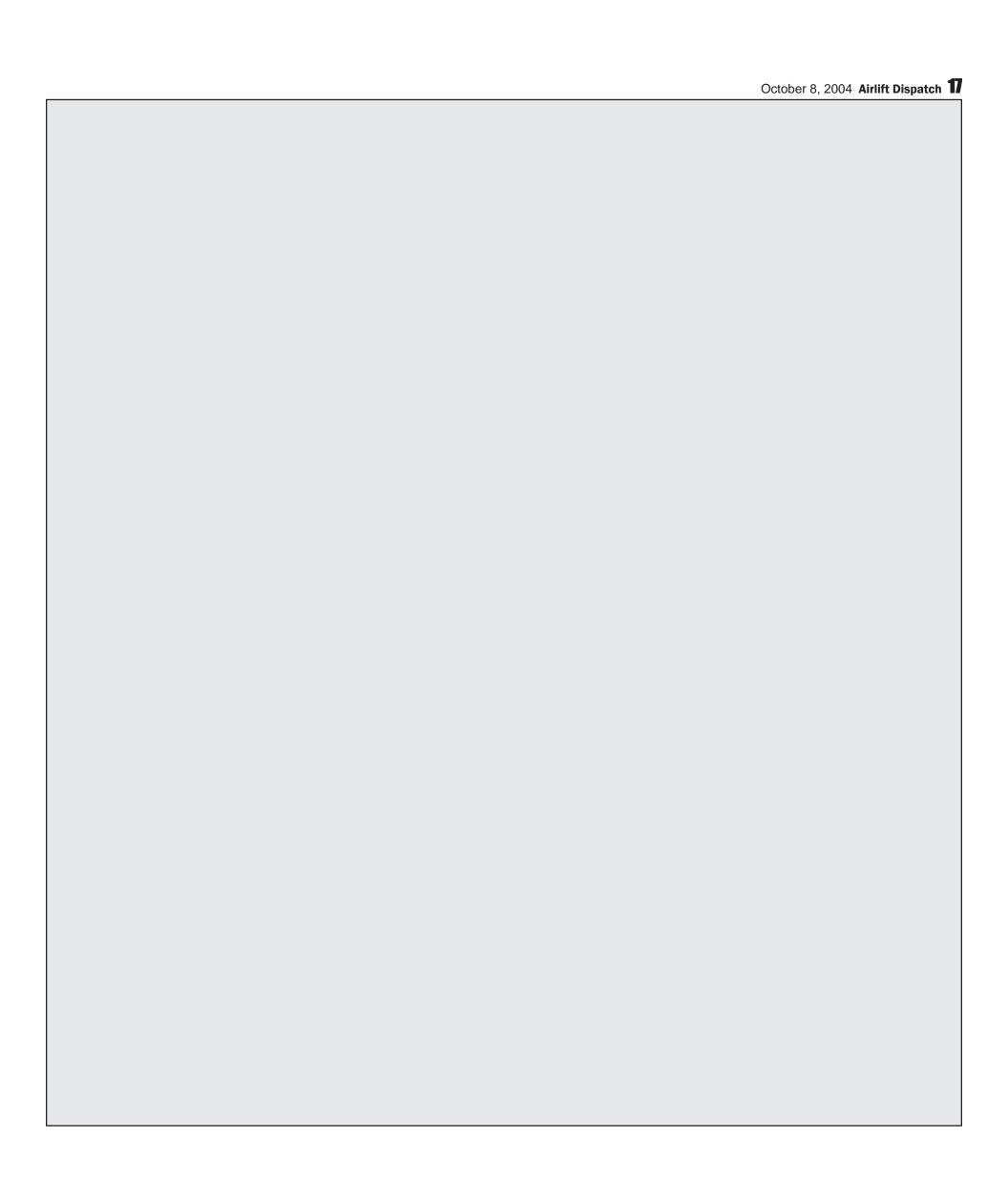
- When: Oct. 29 8:30 a.m. shotgun start
- Where: Wrenwood Golf Course
- Cost: \$25 per person + green fees and cart
- *Captains choice tournament*
- "Includes lunch and beverages"
- · Prizes will be given for Longest Drive & Clasest to Pin.
 - Come out and have fun while supporting CFC! sign up at golf course or...



For more information please contact any of the POC'S: Senior Master Sgt. Roger McMillan at 963-4724 Master Sgt. Gerald Layden at 963-5218 Master Sgt. Todd Bellamy at 963-7005 Staff Sgt. Jennifer Kindoray at 963-5620









Airman 1st Class Cory Montgomery 437th Civil Engineer Squadron

Job title: engineering assistant

Years in Air Force: 1.5 years

Time in the honor guard: seven months

Why did you join the honor guard? To give members of the armed forces who served their country the opportunity to have a proper military ceremony whether it's a funeral or retirement ceremony.

What do you do in the honor guard? Honor guard consists of color guards, retired funerals, veteran funerals, saber cordons and, on occasion, active duty funerals.

Favorite part of the honor guard? My favorite part of Honor Guard is the professionalism maintained at all times.

Most memorable moment in the honor guard? My most memorable moment was a couple of months ago when I was on a team that did a retired military member's funeral. We were practicing the firing party and an undercover agent came running from a nearby hospital. He was on his phone screaming that shots had been fired and he had his gun drawn.

WELLNESS TIP

Automated External Defibrillators (AEDs) can increase heart attack survival by 100 percent

The most important element of survival is the quick application of therapeutic electricity

Restores normal electric pathways within the heart

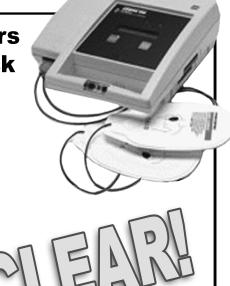
Survival rate using AED: 29 out of 107 Survival rate using CPR: 15 out of 128

Many current CPR courses include AED training

Every minute without defibrillation decreases the odds of survival 7% to 10%

All AMC bases have AEDs

SOURCE: AMC Command Surgeon Office



Chapel schedule



107 Arthur Drive Office: Monday-Friday, 7:30 a.m. -4:30 p.m. Phone: 963-

2536. After duty hours, call the command post at 963-2531 for emergencies only.

Catholic Services: Saturday - 4:15 p.m.
Reconciliation, 5 p.m. Mass. Sunday - 9:30
a.m. Mass, 9:30 a.m. Children's Church.
Sacrament of Baptism pre-baptismal classes
are held the first Sunday of each month at 11
a.m. in the Chapel Annex. No daily mass
until July 27.

Protestant Services: *Sunday -* 9:30 a.m. Sunday School, Bldg. 245, 11 a.m. Traditional Worship Service and 11 a.m. Children's Church. *Sunday -* 5 p.m. Contemporary Worship Service. *Wednesday -* noon Protestant Bible Study.

For information on other faith groups, call the Base Chapel at 963-2536.

Movie schedule

Admission: 99 cents for adults and children.
Any person under 17 years of age requires a parent or adult guardian (a minimum of 21 years old) to purchase an admission ticket for the minor to view R-rated movies. The ticket office opens 30 minutes prior to the start of the movie, unless otherwise noted.

Movie schedules are provided by AAFES.



Patrons should call 963-3333 to verify movie titles, running times and start times, which are subject to change.

Today, 7:30 p.m. "Suspect Zero" – Ben Kingsley

FBI agent Thomas Mackelway investigates the murder of traveling salesman Harold Speck, which turns out to be the first of three seemingly random killings. Or perhaps they are not random after all. His head throbs constantly, as he tries to find the link between the victims who will lead him to their killer. **(R) 100 minutes**

Saturday, 7:30 p.m. "Exorcist: The beginning"

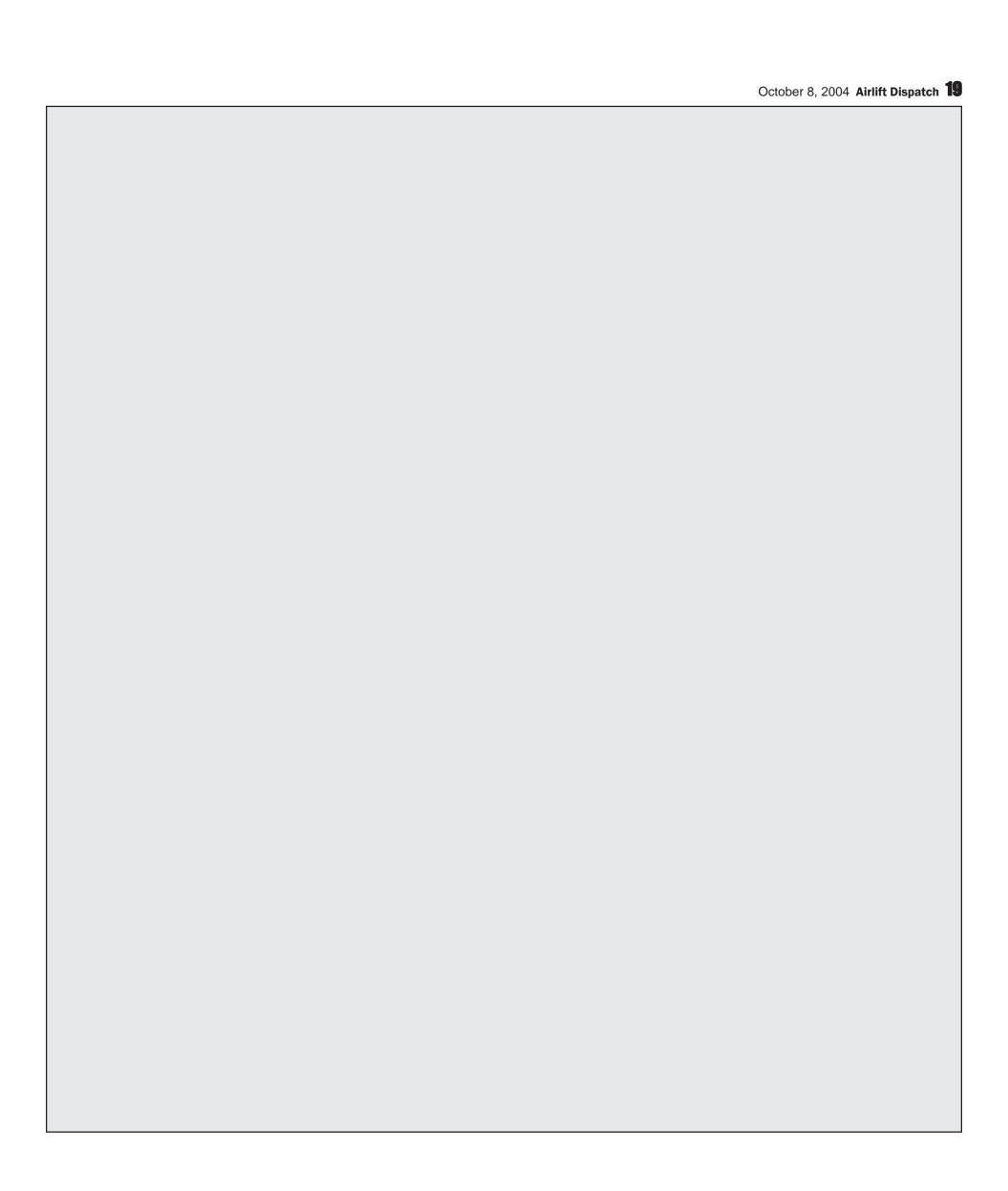
Father Merrin thinks he has glimpsed the face of evil. In the wake of all he has seen, both his faith in his fellow man and the Almighty have deserted him. Merrin travels in a desperate attempt to escape the horrors he witnessed there. While drifting from place to place, he finds himself in the place where evil was born. Merrin will finally see its true face. **(R) 114 minutes**

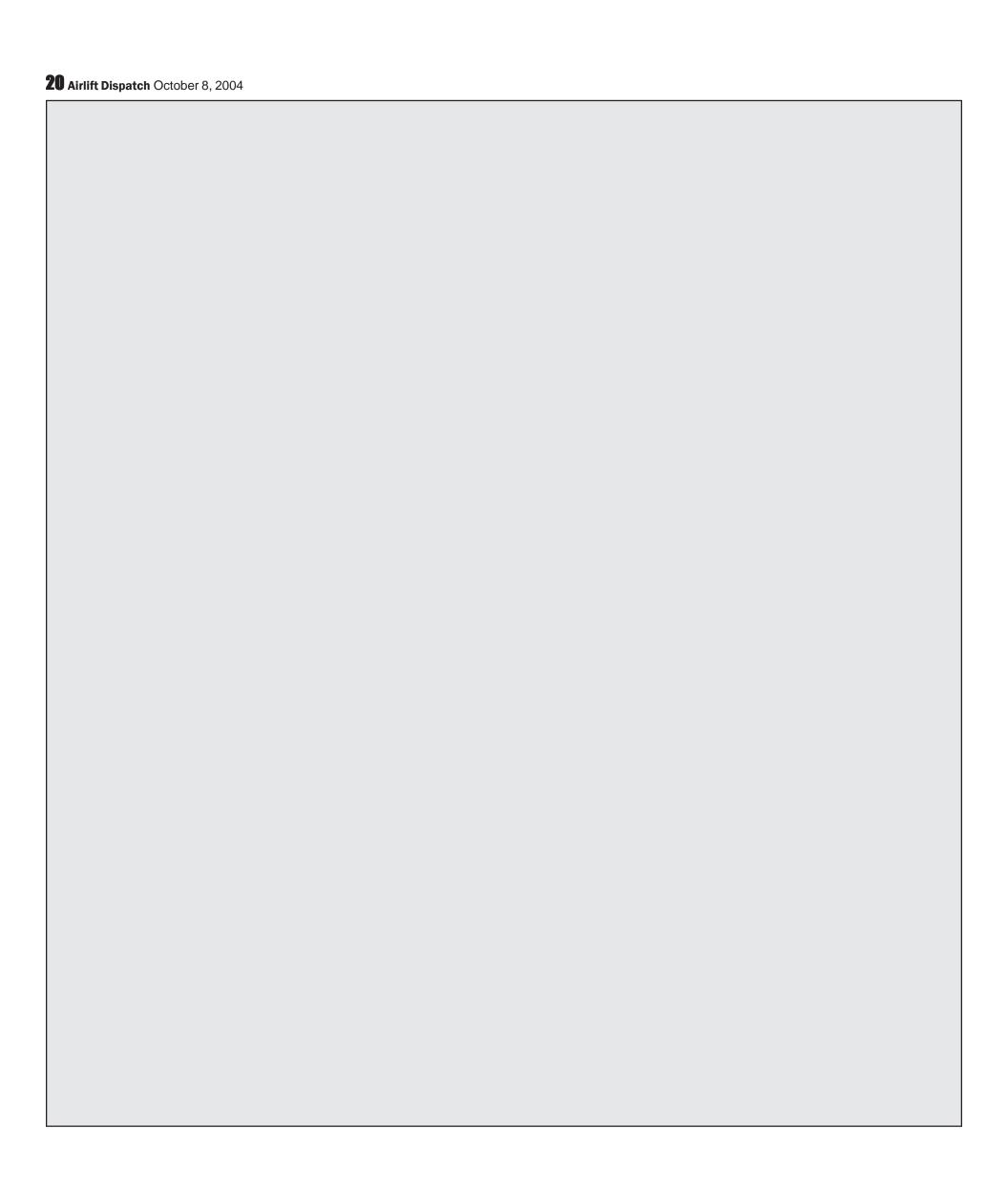
Oct. 15, 7:30 p.m.

"Anacondas: The Hunt for the Blood Orchid"
Oct. 16, 7:30 p.m.

"Hero"

InfoGraphic by Tech. Sgt. Mark Diamond





1CTCS beats 437 MSS to improve standings

By Tech. Sgt. Mark Kleber

315 AW Public Affairs

Jelling in time for the post season tournament, the 1st Combat Camera Squadron defeated the 437th Mission Support Squadron 25-19, 26-24 in base intramural volleyball action Sept. 30 at the Fitness and Sports Center's Globemaster Court.

With the victory, the defending base champion 1 CTCS improved to 5-4, while 437 MSS dropped to 3-8.

Down 18-9 in the second game, MSS rallied to lead 24-23 on a kill by Rutorrestt Larsen and needed just one more point to send the match to a third game. But 1 CTCS scored three straight points including James Harper's ace and Mark Kenyon's kill to seal the victory.

"We just let our concentration slip and made a lot of stupid mistakes," said 1 CTCS Coach Franz Chenet

"We almost gave them the game, but luck was on our side."

Kenyon paced the balanced 1 CTCS attack with two kills, one block and one assist. Other 1 CTCS contributer were Harper with three aces, Lapedra Tolson with two aces, Chris Galindo added two kills and an assist and Chenet had two kills.

Chris Hageman, who had four kills for MSS in the first game, said his team played well despite being one player short. "We had the lead a couple of times during the game, we just couldn't afford to make some of the errors that

we made in passing and losing serves."

Hageman led MSS with three kills, two blocks and three aces, while the setting of Cindy Neldner and Coach Stacy Taylor, and Chris Neldner's four consecutive serves including an ace, contributed to the MSS offense.

Behind 15-6 in the second game, MSS Coach Taylor called a timeout.

"After the timeout, we started to call our shots better and played more as a team," Coach Taylor said.

Having six players in the second game helped MSS. Despite having only five players in the

first game, they held a 10-5 lead. But 1 CTCS bounced back with an 8-3 run to tie the game 13-13 on Chris Galindo's kill and went onto a 25-19 victory. Galindo had three kills, while Kenyon had two kills, three service aces and one assist.

"They only had five players in the first game but almost won. That speaks for itself," said 1 CTCS Coach Chenet.

Coach Chenet of 1 CTCS, who has won four consecutive base championships, said his team was rusty at the season's start, but he thinks they are jelling together now with the tournament scheduled to start Oct. 19. "In this tournament you can't rule out any of the teams. If we play like I know we can, we will take the championship. But that is a big if."

Fitne E S		2004 Charleston AFB Volleyball Standings									FITNESS	
Place	Team	Won	Loss	Tie	GF	GA	PF	Avg	PA	Avg	Pct	Matches
1	FLYERS/OSS	11	1	0	22	4	571	21.96	439	16.88	0.917	12
2	LRS	8	3	0	18	7	575	23.00	443	17.72	0.727	11
3	AMXS	8	3	0	18	8	571	21.96	418	16.08	0.727	11
4	DET 3	7	3	0	15	9	505	21.04	452	18.83	0.700	10
5	1 CTCS	5	4	0	12	10	468	21.27	415	18.86	0.556	9
6	CS	5	5	0	12	10	469	21.32	362	16.45	0.500	10
7	MDG	5	5	0	10	12	408	18.55	341	15.50	0.500	10
8	SFS Dropped	5	7	0	12	16	420	15.00	570	20.36	0.417	12
9	SVS	4	6	0	10	14	431	17.96	496	20.67	0.400	10
10	MSS	3	8	0	9	18	475	17.59	556	20.59	0.273	11
11	MOS	2	6	0	4	12	259	16.19	303	18.94	0.250	8
12	APS	2	7	0	5	15	337	16.85	448	22.40	0.222	9
13	MXS	1	8	0	4	16	186	9.30	432	21.60	0.111	9

Sochor Comes Up Big in Week 4 swami action

By The Gridiron Guru

"Top-notch" pigskin prognosticator

Derrick "and The Domino's" Sochor, the former Cleveland Browns water boy, snatched the Week 4 crown away from Mark "Lee Harvey" Lewald by one point in the Monday night tie breaker.

Both finished with very impressive 11-3 records.

With so many teams competing for this week's "Stink Out Loud" Award, the Guru has decided to serve up a buffet of mediocrity by choosing the following losers: 0-4 San Francisco Forty Whiners, the 0-4 South Beach Carp, the Washington Deadskins, Green Bay Slackers, Tennessee Remember the Titans, and the Buffalo Jills, who give their fans more heartburn than buffalo wings. The Guru is currently circulating a petition to change the name of the 0-4 Buc-

caneers to the Possums because they play dead at home, and get killed on the road.

This week's "Cellar Dweller Dunce Cap" Award goes to Christopher "Columbus" Smith who could only come up with five winners, and will now have to attend my mandatory Football 101 class. As promised, here is a look at the top 10 after four weeks of action:

 Josh Gardner 	.679
2. Peter Ruegger	.678
3. Blair English	.674
4. "54"	.668
4. Brian Sochor	.668
6. Dave Mason	.667
7. Jason Mildren	.656
8. Gridiron Guru	.650
9. Oscar Thompson	.643
10. Kerry Lehman	.636

Now on to my Week 6 stone-cold-lead-pipe-lock-guaranteed winners!

Gridiron Guru's Week 6 picks

Sunday, Oct. 17

Carolina @ **Philadelphia Cincinnati** @ Cleveland

Green Bay @ **Detroit**

Houston @ Tennessee

Kansas City @ Jacksonville Miami @ Buffalo

San Diego @ **Atlanta** Seattle @ **New England** San Francisco @ N.Y. Jets
Washington @ Chicago
Denver @ Oakland
Pittsburgh @ Dallas
Minnesota @ New Orleans

Monday, Oct. 18 Tampa Bay @ St. Louis

Monday night total points:__
Guru's Monday night points:_48

The Gridiron Guru's picks are in bold and italics.

Swami is not affliated with the 437th Airlift Wing Public Affairs.

Send your picks to swami@charleston.af.mil.

Include your name, phone number and any comments in the e-mail.

Picks must be submitted by 4 p.m. Friday

